Anti Freeze

2018 TEAM PACKAGE
Welcome to the 2018 AntiFreeze Team Package

This Team Package has all the information your team will need for the week of AntiFreeze, including information regarding the events, photo hunt clues, and some general rules for you and your team to develop a better understanding of what AntiFreeze will entail. Please carefully read through this package with your team, as you may have to do a little preparation this upcoming holiday season to get ready for AntiFreeze!

Getting Started

Events
AntiFreeze 2018 will have 9 events: 4 indoor and 5 outdoor. On the following pages, you will find the breakdown of all the events, which will help you and your team get prepared. All events will require anywhere from 2 – 4 participants from your team. Without the required number of participants, you cannot partake in those events. Any team members that show up in addition to the minimum number of required participants will win your team some participation and spirit points!

Participant Waivers
Everyone taking part in AntiFreeze 2018 will need to sign a waiver. Waiver signing will take place on Monday, January 8th from 10 AM - 4 PM. We will have a table set up on SUBstage. You don’t need to come as a team, but every individual on your team will have to come and sign a waiver at some point throughout the day.

Event Check In
Every team member that shows up to an event either to participate or spectate needs to check in prior to the start of the event at the registration table. To do this, you will need to fill out the Event Registration Form for the specific event (pages 24-32) and bring it to the check-in table. Please make sure to print out and bring your own copy of the Event Registration Form for the specific event, as there will NOT be extra ones available. Make sure to also bring your team flag to the registration table for bonus points!
Points and Prizing

AntiFreeze has two sets of points: **AntiFreeze Points** and **Spirit Points**.

AntiFreeze points are awarded based on how well your team does at events. The point distribution breakdown for each event is listed on pages 13-22. AntiFreeze points are tabulated daily and will be posted at the end of each day. Please note that we are only posting points from the first 8 events, which only accounts for half of your team’s potential AntiFreeze points. The other half come from: flag points, photohunt points and other bonus points announced by the UASU Events Team throughout the week. **At the end of the week, the team with the most AntiFreeze Points will be awarded the grand prize of a ski trip to a Rocky Mountain resort!** This year we will also be giving out prizes to the 1st place winners for events. At the end of AntiFreeze, every participant will receive a small thank you gift for participating.

Spirit points are awarded to the teams who display outstanding teamwork and sportsmanship. At the end of the week, the team with the most spirit will be awarded the coveted AntiFreeze Spirit Award.
## Schedule

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<tr>
<th>Day</th>
<th>Event</th>
<th>Location</th>
<th>Participants</th>
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<tbody>
<tr>
<td>Monday, January 8th</td>
<td>Waiver Signing</td>
<td>SUBstage</td>
<td>All Participants</td>
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<tr>
<td>Monday, January 8th</td>
<td>Opening Ceremonies</td>
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<td>Eat my Ice</td>
<td>SUBstage</td>
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<td>Erect your Igloo</td>
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<td>March of the Yeti</td>
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<td>Friday, January 12th</td>
<td>Snow You Think You Can Dance</td>
<td>SUB Stage</td>
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<td>Friday, January 12th</td>
<td>Ava-Launch</td>
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<td>Saturday, January 13th</td>
<td>Mixology 119</td>
<td>Dinwoodie Lounge</td>
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## Deadlines

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<tr>
<td>Monday, January 8th</td>
<td>Deadline for Flag Submission</td>
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<td>Monday, January 8th</td>
<td>Sled Drop-off in Dinwoodie Lounge</td>
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<td>Tuesday, January 9th</td>
<td>Deadline to submit song choice for Snow You Think You Can Dance</td>
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<tr>
<td>Wednesday, January 10th</td>
<td>Deadline to submit Photo Hunts to 2-900 SUB</td>
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<tr>
<td>Thursday, January 11th</td>
<td>Deadline to submit Mixology Needs and Music to 2-900 SUB</td>
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AntiFreeze 2018: January 8th - 13th antifreeze@su.ualberta.ca: www.uasuevents.ca/antifreeze
AntiFreeze 2018: January 8th - 13th  antifreeze@su.ualberta.ca: www.uasuevents.ca/antifreeze
# Sleds

- Make a sled to use during Slippery When Wet
- Be creative with your sleds, as we will be judging on originality!
- We will give 100 points to the team that makes the most creative/unique sled

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- Sleds must be **human powered** only! This means no electrical, chemical or nuclear powered sleds. They also cannot have any sharp edges or features that could pose risk to fellow racers
- Sleds need to be brought to Dinwoodie for inspection on Jan. 8th anytime from 10 AM - 4 PM. Please check in at the desk in SUB 2-900 and let them know that you are dropping off your sled.
# AntiFreeze

## Flags

- Design a team flag to show us what your team is all about!
- Be unique! Points will be awarded for creativity as well as effort
- Use paint, markers, glue, sparkles, and anything else you need to make your flag stand out

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- You need to use the cloth provided to you at Blue Room. If you registered for AntiFreeze after Blue Room, your materials will be in SUB 2-900. You can pick them up any working day from 9 AM - 4 PM
- You need to include: your team name, the year (2018), the word AntiFreeze and the SU flame
- You cannot extend the edges of your flag past 6".
- You need to bring your flag to the Opening Ceremonies for judgment at 7:00 PM on Monday, January 8th, 2018. Late flags will not be scored.
- You will get your flags back on Tuesday January 9th, 2018

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### Points

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All teams who participate will receive a minimum of 50 points
Photo Hunt

Throughout the holiday break, you and your team will take photos based on the series of prompts provided to you on the following pages, and present them in an original format to the judges by Wednesday, January 10th at 4:00 PM to SUB 2-900. You will be scored on creativity, originality, the interpretation of the assigned photos and your photo captions.

- Photo submissions must be printed (from film or digital). In other words, it has to be the kind you get from a 1-hour photo shop. Electronic submissions will not be accepted.
- Photos CANNOT be edited AT ALL or taken from the internet. Our judges are proficient in Photoshop, so we'll know if you cheat!
- Post-photo print editing is acceptable (ie: word bubbles, cut-outs, etc) but again, no preprint editing of photos!
- Albums must be handcrafted by your team (don’t hire someone else to do your work!)
- The more members you have that participate, the more generous we will be with points
- The more photos you complete, the more points you will receive
- Bonus points will be given if you make your flag visible in the photos
- Be sure to number and caption your photos, as we can’t always tell which is which
- Place your team name on the photo album
- Do not damage or deface any property in the process
- Do not do anything illegal
- No nudity
- You need to turn your photo album into the main SU offices (SUB 2-900) no later than 4:00 PM on Wednesday, January 10th, 2018. Late photo albums will not be scored.

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All teams who participate will receive a minimum of 50 points.

AntiFreeze 2018: January 8th - 13th antifreeze@su.ualberta.ca: www.uasuevents.ca/antifreeze
Photo Hunt Challenges

Photo 1: Evening with the President
It’s almost time for SU elections! Show us what you think the SU President Marina Banister is up to right now.

Photo 2: Once Upon a Time...
Every team has their own humble beginnings. Show us how your team became a part of this epic competition.

Photo 3: I’ve got Spirit! How About You!
Pull out those Green and Gold coloured clothes that are hidden in your closet and show us your UofA Spirit at a Golden Bears or Panda game!

Photo 4: DO GREAT THINGS
‘tis the season of giving. Take a picture of your team getting involved in the community.

Photo 5: Tell me what you want, what you really really want
The 90’s have returned. Take a picture of your team dressed as your favorite girl band or boy band.

Photo 6: What’s going to keep me warm? That’s right, those degrees
Create a playlist of songs that describes university life, and screenshot the list to put in your photo album.

Photo 7: Sheet Stain
Life’s poo short. Show us the best place on campus to poo

Photo 8: dAnK mEMes
Kermit the frog, salt bae and cash me outside have graced our timelines repeatedly over the past year. Work with your team to recreate an iconic meme from 2017.

Photo 9: Unable to Connect
What does your team do to make UWS more reliable?

Photo 10: Preparing for Battle
Show us how your team is training for AntiFreeze 2018!

Photo 11: T Swift’s Resurrection
Taylor Swift has made an amazing comeback this past year with symbolic music videos. Recreate one of your favorite T Swift scenes from one of her various music videos.
Photo 12: Grind my Gears
People walking on the wrong side of HUB, chewing with their mouths open, or talking during movies…
What is your team’s major pet peeve?

Photo 13: The Upside Down
Take a picture of your team blocking foot traffic in a busy area of campus. The more people you block, the more points you will get. Do not do anything illegal.

Photo 14: New year, new me
Cash me outside is so 2017. Show us what your team’s new year’s resolution is!

Photo 15: Show Your Love
ETS employees put in a lot of hard work to provide us with transit service. Gather your team and show your love and appreciation for our transit system workers.

Photo 16: Peep My Mixtape
Your team looks ready and hot, what’s the next album they’re finna drop?

Photo 17: Swipe Right
With Valentine’s Day right around the corner, we’re all looking for love…Take a picture with your team as if you were creating a tinder/grindr profile

Photo 18: #NORAGRETS
Show us your biggest regret. Although tempting, please do not take a photo of your ex.

Photo 19: Hello Darkness, My Old Friend...
Winter semester is quickly creeping up…Show us how your team feels about coming back to school

Photo 20: Throwback Thursday
Remember the good old days? Show us your favorite memory from the 2000’s.

Photo 21: Holiday Down Under
The sun is beaming and the water is warm, in Australia. Show us what you’d wear if you were on a beach with your team

Photo 22: Cash me outside, how bout dat?
Take a picture outside wearing the most amount of clothing you possibly can

Photo 23: Lean on Me
Show how you support your team members

Photo 24: Slippery When Wet
What street sign symbolizes your love life?
Photo 25: Star Wars: The Last Yeti
With all the hype around the new Star War movies, show us your best version of a galactic space battle with people on your AntiFreeze team!

The following photos are a little more challenging and ridiculous than the previous 20 to complete. Does your team have what it takes to complete these hardcore photo challenges? They are for bonus marks!

Bonus photo 1: What Kind of Pizza are you?
Take a photo that depicts your team's personality

Bonus photo 2: Robot Revolution
Everyone knows that skynet will activate soon and we will once again need the help of Arnold Schwarzenegger. We believe the best way to survive is to blend in. Show us how you would camouflage in with our future robot overlords.

Bonus photo 3: Siri, What is the Meaning of Life?
Take a picture with your team that depicts the meaning of life

Bonus photo 4: Wayback Playback
Take a picture of everyone on your team re-enacting the most embarrassing time of their lives

Bonus photo 5: #fakenews
Show us an “alternative fact” that people believe about the University of Alberta
Opening Ceremonies

Monday, January 8th : 7 PM : Dinwoodie Lounge

- NEW FOR ANTIFREEZE 2018!
- You may bring up to 4 guests to this event in addition to your team members
- Bring your flags with you, as we will be judging them at opening ceremonies
- Food and alcoholic beverages will be available at this event (18+)
Eat my Ice

Tuesday, January 9th : 12:30 PM : SUBstage

- You will be required to eat as much food as possible
- The food you will be eating will remain a mystery until the event begins
- Teams who eat the most in the allotted time will win

This event requires: 2 team members
- Teams will compete in heats of six
- Teams will compete in random order
- The order will be posted 10 minutes before the first heat begins the event
- Two team members are required to complete this event. Any other team members that show up will win spirit points for their group, but cannot participate
- Only one person will be eating at any given time
- You can switch with your team member only once their mouth is empty
- You will be allowed a cup for water, which can only be filled by your partner once it’s empty
- If you throw up, your score will revert back to zero for this event
- Please keep in mind that we are not responsible for dietary restrictions. If you have concerns, please email antifreeze@su.ualberta.ca.
- You will be disqualified from this event if you use any materials other than the ones we provide for you
- Teams will have to register 15 minutes prior to the event

1st - 600  5th - 400  9th - 200
2nd - 550  6th - 350  10th - 150
3rd - 500  7th - 300  11th - 100
4th - 450  8th - 250

All teams who participate will receive a minimum of 50 points
10 bonus points will be given for bringing your team flag to the event

AntFreeze 2018: January 8th - 13th antifreeze@su.ualberta.ca: www.uasuevents.ca/antifreeze
**Sheet Stain**

Tuesday, January 9th: 3 PM: Quad

- Two team members will be on each side of a white sheet holding the 4 corners
- You will be given an object that you have to volley across a badminton net using the sheet
- Points will be awarded to teams based on the greatest number of successful volleys made across the badminton net
- You will have two minutes at each net

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This event requires: 4 team members
- Teams will compete in random order
- The order will be posted 10 minutes before the first heat begins the event
- Teams will have to play against 3 teams in total
- Teams must stay within the boundary line
- Teams will be awarded points based on the number of successful volleys they complete
- A successful volley is defined as a complete catch and toss over the net
- Please avoid making extremely high or long tosses, as it may result in injury
- Teams will have to register 15 minutes prior to the event

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All teams who participate will receive a minimum of 50 points
10 bonus points will be given for bringing your team flag to the event
**Frosty Feud**

Wednesday, January 10th : 10 AM : SUB Atrium

- Each team will pick two members for this trivia-based event
- The competition will be split into 3 different parts, with each one inspired by a different game show, such as:
  - Jeopardy
  - Wheel of Fortune
  - Big Brother
  - Family Feud
- All questions will be related to knowledge about the University of Alberta Campus and AntiFreeze

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**RULES AND REGULATIONS**

- This event requires: 2 team members
- Competition will go for several rounds
- Players CANNOT use their smartphones
- No supplementary electronic devices or materials of any kind will be allowed
- Cheating will result in disqualification of your team for that event
- Teams will have to register 15 minutes prior to the event

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**Scoreboard**

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All teams who participate will receive a minimum of 50 points

10 bonus points will be given for bringing your team flag to the event

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AntiFreeze 2018: January 8th - 13th antifreeze@su.ualberta.ca: www.uasuevents.ca/antifreeze
# AntiFreeze

## Slippery When Wet

Wednesday, January 10th : 3 PM : QUAD

- Teams will complete an obstacle course
- After each lap, teams will be required to do a non-physical team challenge in the course
- The team to complete the obstacle course the fastest will win

This event requires: 4 team members
- Any additional participants that show up will win spirit points for their team
- Teams will compete in random order
- The order will be posted 10 minutes before the first heat begins the event
- **Please bring your sled**, as you will need to use it in this event
- The team to complete the obstacle course the fastest will win
- Intentionally interfering with other teams will result in disqualification
- Teams will have to register 15 minutes prior to the event

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All teams who participate will receive a minimum of 50 points

10 bonus points will be given for bringing your team flag to the event

AntiFreeze 2018: January 8<sup>th</sup> - 13<sup>th</sup>  antifreeze@su.ualberta.ca:  www.uasuevents.ca/antifreeze
## Erect Your Igloo

**Thursday, January 11th : 12:00 PM : SUBStage**

- One team member will see a structure in a secret room
- They will then have to run from the basement to the rest of your team members, who will be stationed in quad. Once your runner arrives, you will have 5 minutes to recreate the structure based ONLY on their description and memory of the model
- The team whose structure is closest to the original will receive 1st place

### Event Requirements:

- This event requires: 4 team members
- Teams will compete in random order
- The order will be posted 10 minutes before the first heat begins the event
- Teams will be assessed on how close their structure is to the correct model
- You will **not** be allowed to take any photos of the structure, as this game is based purely on memory and how well you communicate with your team
- Teams will have to register 15 minutes prior to the event

### Event Details:

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All teams who participate will receive a minimum of 50 points

**10 bonus points will be given for bringing your team flag to the event**

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AntiFreeze 2018: January 8\textsuperscript{th} - 13\textsuperscript{th} [antifreeze@su.ualberta.ca](mailto:antifreeze@su.ualberta.ca): www.uasuevents.ca/antifreeze
# March of the Yeti

Thursday, January 11th: 6:00 PM: SUBstage

- Solve clues, find locations, and complete challenges to be the first team to find the Yeti
- Each team will require 2 runners to find the correct locations and 2 other members to stay in SUB to communicate with the runners using a cellphone
- Once your team members reach the correct location, they will have to do a challenge on the spot to receive a clue for the next location
- Come dressed for the weather!

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This event requires: 4 team members

- The two runners from each team cannot have any items on them except for their OneCard, a flashlight, a camera and a cell phone
- When the runners find the correct location, they must take a picture with the Facilitator who is hiding in that area and complete a short challenge before receiving their next clue. Facilitators will be wearing their Blue UASUevents Jackets so keep your eyes peeled
- The other 2 team members will stay stationed in SUB and can use their laptops to help solve clues and communicate with the 2 runners
- No one else from your team except the runners may be searching for locations outside SUB or on campus or you will be disqualified from this event
- All locations will be outdoors on the U of A North Campus
- Teams will have to register 15 minutes prior to the event

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| 1st  | 7th  | 13th | 2nd  | 8th  | 14th | 3rd  | 9th  | 15th | 4th  | 10th | 16th | 5th  | 11th | 17th | 6th  | 12th | 350  |
|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 900  | 600  | 300  | 850  | 550  | 250  | 800  | 500  | 200  | 750  | 450  | 150  | 700  | 400  | 100  | 650  | 350  |

All teams who participate will receive a minimum of 50 points
10 bonus points will be given for bringing your team flag to the event
Snow You Think You Can Dance

Friday, January 12th: 11:00 AM: SUB Stage

Teams will choose two to four dancers for this event
Dancers must replicate one minute (max) of a music video
Teams will be given the opportunity to choose one music video from a list of pre-selected music videos
We will send out the list in the first week of January
From that list, you must choose 5 songs that you’d be willing to do
We will finalize what music video you will do on Tuesday January 9th during Sheet Stain
Picking priority will be based on team rankings from Eat my Ice

This event will require: 2-4 team members
We will be judging you based on creativity, authenticity, enthusiasm and overall appearance of the routine
Costumes are encouraged
Only the pre-selected dancers may participate in the dance. Teammates or other contestants cannot interfere or join in any way shape or form
Every team must perform a different music video
Teams will have to register 15 minutes before the event

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All teams who participate will receive a minimum of 50 points
10 bonus points will be given for bringing your team flag to the event
Ava-Launch
Friday, January 12th : 3:00 PM : QUAD

You will be given a slingshot and a ball to hit targets stationed along a lane. Your team members must hit the targets placed along the lane starting from the target closest to you, working your way to the farthest. Once a team member has hit all 4 targets, the next member can begin.

Teams are ranked by how fast all 3 members complete the event.

This event requires: 3 team members
Any additional participants that show up will win spirit points for their team
Teams will compete in random order
The order will be posted 10 minutes before the first heat begins the event
Intentionally interfering with other teams will result in disqualification
Teams will have to register 15 minutes prior to the event

1st - 800  6th - 550  11th - 300
2nd - 750  7th - 500  12th - 250
3rd - 700  8th - 450  13th - 200
4th - 650  9th - 400  14th - 150
5th - 600  10th - 350  15th - 100

All teams who participate will receive a minimum of 50 points.
10 bonus points will be given for bringing your team flag to the event.
Mixology 119
Saturday, January 13th : 6:00 PM : Dinwoodie Lounge

- Make a drink that looks and tastes good!
- The drink will be judged by a panel based on its appearance, taste, name, and presentation
- You will be given 4 minutes to make your drink
- Be creative with your presentation!
- For inspiration, check out Flair Bartending

You CANNOT bring your own alcohol
You cannot go over the allotted time
NO FIRE! Teams will be disqualified from AntiFreeze for using fire
You must hand in your Drink Needs List (last page) in by Thursday, January 11th at 5 pm to SUB 2-900
We are happy to provide music for your presentation. Please submit your track request to uasuevents@su.ualberta.ca with the subject line Mixology 119 Music - [Insert your Team Name]. Emails with a different subject line will not be looked at. Emails must be received by Thursday, January 11th at 5 PM. LATE MUSIC WILL NOT BE ACCEPTED.
ID will be required at the door as this event is 18+
Teams have to register 15 minutes prior to the event

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10 bonus points will be given for bringing your team flag to the event

All teams who participate will receive a minimum of 50 points

AntiFreeze 2018: January 8th - 13th antifreeze@su.ualberta.ca: www.uasuevents.ca/antifreeze
EVENT REGISTRATION FORMS
Registration Form
This form (filled out completely) needs to be brought to the registration table 15 minutes prior to the event

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Only fill out the runners’ names here

AntiFreeze 2018: January 8th - 13th antifreeze@su.ualberta.ca: www.uasuevents.ca/antifreeze
Snow You Think You Can Dance

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AntiFreeze 2018: January 8th - 13th  antifreeze@su.ualberta.ca:  www.uasuevents.ca/antifreeze
Mixology 119 Needs List

Date: Saturday, January 13th, 2018
Time: 6:00 PM
Location: Dinwoodie

Team Name: ______________________________________________________

Contact Name: ___________________________________________________

Phone Number: _________________________________________________

This form must be filled out and submitted to the Students’ Union Reception desk (2-900 SUB) by Thursday January 11th, 2018 at 5:00pm. Failure to do so will result in disqualification.

Check off the Items you would like us to provide for you.

Garnishes
- Cherry
- Lemon
- Lime
- Olive
- Other (you need to provide)*

Base Mix
- Apple Juice
- Coke
- Cranberry Juice
- Ginger Ale
- Grapefruit Juice
- Ice Tea
- Milk
- Orange Juice
- Pink Grapefruit
- Sprite
- Tonic Water
- Other (you need to provide)*

Glassware
- 10oz Glass
- 12oz Glass
- 16oz Glass
- 1oz Shot Glass
- 2oz Shot Glass
- Martini 2oz
- Martini 3oz
- Old Fashioned Glass
- Pint Glass
- Other (you need to provide)*

Miscellaneous
- Shakers/Strainers
- Spoons
- Straws
- Salt
- Celery Salt
- Sugar
- Grenadine
- Cinnamon
- Blender
- Other (you need to provide)*

All Teams will be provided with Ice
Mixology 119 Needs List

Types of Elixirs
(please select up to 4. You will receive 1/2 an ounce of each)

- Amaretto
- Baileys
- Banana Liqueur
- Blue Curacao
- Cointreau
- Crème de Cacao
- Gin
- Pear Liqueur
- Grand Marnier
- Jack Daniels
- Jagermeister
- Jim Beam
- Kaluha
- Long Island Mix
- Malibu Rum
- Melon Liqueur
- Peach Schnapps
- Peppermint Schnapps
- Rootbeer Schnapps
- Rum (Dark)
- Rum (White)
- Rum (Spiced)
- Rye
- Sambuca – Black
- Sambuca – White
- Scotch
- Sour Puss – Green Apple
- Sour Puss – Raspberry
- Southern Comfort
- Tequila
- Vodka

You CANNOT bring your own Alcohol!

*Please email antifreeze@su.ualberta.ca to have all other items approved. Failure to do so will lead to disqualification from Mixology.